

BLUE
MEDSPA™



FOR LIFE

“I don't believe people are looking for the meaning of life
as much as they are looking for the experience of being alive.”

Joseph Campbell (1904-87), American Mythologist

The Experience

Where would you like your journey to take you?

ESCAPE

Take flight from the pressures of the world around you.

RELAX

Balance the Mind, Body and Spirit.

DE-STRESS

Reduce the mental and physical stress affecting your health and well-being.

DEFY AGE

Detect, prevent, and correct age-related concerns.

COSMETIC

Improve and enhance your physical appearance.

Create your individual experience. With guidance from our expert staff, determine the results you want and how you would like to make them happen.

A person is hiking through a field of yellow wildflowers. The person is wearing black shorts, a white shirt, and brown hiking boots with grey socks. The background is a lush green field with yellow flowers and a blue sky with some trees.

The Focus

Where would you like to start?

THE FACE

Remove stress and environmental damage with one of **BLUE MEDSPA'S** Advanced Care Therapies created especially for you.

THE BODY

Eliminate the tension and strain of everyday living and uncover your skin's inner glow with a customized massage or body treatment.

THE HANDS AND FEET

Pamper your hands and feet and give them a more youthful look with a manicure and pedicure tailor-made for healthy skin and nails.

THE HAIR

Update your look or find a fabulous look for your wedding or special occasion with **BLUE MEDSPA'S** expert styling services.

Determine your areas of focus.

BLUE MEDSPA

offers an infinite range of options

that are designed to help you reach your destination.

The Results

What path would you like to take to reach your destination?

- E** EXFOLIATING
- M** MOISTURIZING
- D** DETOXIFY/TONING
- N** NOURISHING
- C** CLINICAL

E EXFOLIATING

Removes the surface dead skin cells or beyond, stimulating new cell metabolism.

M MOISTURIZING

Adds vital moisture and depleted nutrients to the body.

D DETOXIFY/TONING

Cleanses, tones and stimulates the removal of unwanted toxins from the body.

N NOURISHING

Adds vital nutrients and boosts the re-mineralization and regulation of the body.

C CLINICAL

Non- or minimally-invasive services designed to improve the effects of aging. All invasive clinical treatments are supervised by licensed medical professionals.

Choose the services and treatments that will help you meet your personal goals. Work in partnership with **BLUE MEDSPA** professionals to establish the course that's perfect for you.

THE FACE

Your skin will thrive with our customized result-focused facial therapies. Begin with a thorough cleansing, followed by a rebalancing facial or peel and relaxation touch therapy. Ask about the availability of our couple's room for facials or our simultaneous facial and pedicure treatments.

Blue MedSpa Result-Oriented Facial Approach

Your facial or peel will be based on a thorough evaluation and consultation at the time of your service and customized to your particular needs. Your esthetic advisor will design a comprehensive program, adapting to your ever changing skincare needs.

Blue MedSpa Consultation

Time devoted to answering your questions regarding aging and how to make improvements with your skin. An effective healthy aging program will be discussed with your experienced technician. Consultations are required for all new guests.

The Blue MedSpa Escape Facial Therapy N

Delight the senses and replenish the skin with enzyme based nutrients and vitamins. Utilizing aromatherapy and effective relaxation techniques, your body, mind, and spirit will achieve a state of blissful harmony.

Purifying Facial Therapy D

Perfect for acne-prone or blemished mature skin types needing rebalancing, utilizing antioxidants and active enzymes to stimulate the skin. The skin is left feeling reenergized, smooth, and purified.

Uplifting Facial Therapy D

Increase the tone and tightness of the skin with uplifting layers of vitamins, active enzyme masks and fruit complexes. This specialty treatment is regarded as the non-invasive face lifting treatment.

Replenishing Facial Therapy E

Escape and indulge with a relaxing yet result-focused facial, which stimulates collagen and promotes a more youthful and radiant appearance of the skin.

Healthy Aging Facial Therapy N

Promotes a preventative care approach for healthy aging of the skin. Utilizes advanced plant based technology and hydrating masks to care for and nurture the skin.

Advanced Care Therapies

Blue MedSpa Signature Facial Toning Treatment C

Non-invasive laserdermology and facial cleansing achieves dramatic toning results for the face and neck. For maximum results, this service is only available after a consultation and recommended in a program.

Custom Created Peel E

A mini-therapy boost of vitamins, fruit acids or enzymes designed to improve the texture and rebalance the skin. Considered the “lunch-time express peel”.

Customized Peel & Replenishing Facial Therapy E

Add the extra benefit of a result-focused facial with your customized peel, which stimulates collagen and promotes a more youthful and radiant appearance of the skin.

Customized Expert Peel & Rejuvenating Facial Therapy C

Layers of vitamins and appropriately layered cosmetic peels are supported by phytohormones or enzymes to effectively target sun damage, fine lines and acne revealing fresh revitalized skin.

Microdermabrasion Facial C

Give your skin a healthy glow with this intensive exfoliation therapy and facial that improves uneven skin tones, fine lines and sun damage. We recommend a comprehensive program for the best results.

Microdermabrasion Facial & Customized Peel C

A highly-customized, multi-layered microdermabrasion and peel approach—designed to correct and restore unhealthy looking skin and dramatically increase cellular turnover.

Clinical Treatments

To achieve maximum results most of these treatments are offered in programs.

Clinical or Pre- and Post-Procedure Consultation C

A comprehensive evaluation of skin concerns followed by a program recommendation to achieve maximum results. Consultations are required for all clinical treatments.

Clinical Healing Facial Therapy C

Calms, moisturizes, and promotes healing of skin traumatized by chemical or radiation therapies and cosmetic surgery. Also suggested for sensitive skin types or those suffering from Rosacea.

Clinical Advanced Peel Therapy C

An intensive blend of exfoliating ingredients designed to remove sun damage and improve acne, fine lines and hormonal skin conditions. Excellent preparation for cosmetic surgery, also considered post care for many cosmetic facial procedures.

Botox C

A simple non-surgical treatment that reduces and or eliminates lines and wrinkles. Rapid results for a more youthful and confident appearance.

Facial Wrinkle Fillers/Lip Augmentation C

Enhance and redefine lips, diminish fine lines and deep creases with some of today's most effective injectable fillers. Results can last from 3 months to 5 years depending on the product used.

Laser Photorejuvenation/Skin Renewal C

Achieve a more radiant and reflective appearance with this advanced treatment. Effectively corrects a variety of benign skin conditions; such as facial skin imperfections, visible signs of aging, birthmarks, unsightly small veins, and sunspots. For optimal results, products and microdermabrasion treatments between sessions are included.

Laser Facial

C

Laser energy stimulates collagen production allowing the face to appear more youthful and healthy. This is an excellent treatment for minor wrinkles around the eyes and lips.

Laser Hair Removal

C

Remove unwanted hair from the face and body with a **BLUE MEDSPA** comprehensive program.

Laser Vein Treatment

C

Reduces the visible red/blue veins on the face and body when treated in a program.

Laser Rosacea Treatment

C

Reduces the redness and uneven appearance caused by rosacea.

Laser Brown Spot Removal

C

Targeted removal of undesirable age/sun spots.

Advanced Cellulite and Toning Treatment

E C

Amazing results may be achieved through a comprehensive non-invasive cellulite reduction program. This service is only available in a program with a professional consultation.

Lymphatic Body Therapy

D C

An advanced therapy that gently cleanses and purifies the lymphatic channels of the body to increase the healing process. Highly recommended for pre and post operative conditions including cosmetic surgery.

Sclerotherapy Vein Injections

C

Reduce the appearance of unsightly veins on the legs with this gold standard for spider vein reduction. May be used in conjunction with laser treatments for optimal results.

Cosmetic Services

Waxing: Available for the following areas

Brows, Chin, Lip, Full/Lower Face, Ears, Neck, Underarms, Arms, Legs, Chest, Bikini, Feet and Back. Please call for prices on body areas not listed.

Permanent Cosmetics

Enhance your facial features and appearance with a flawless application of long lasting cosmetics.

Permanent Cosmetics Consultation

Discuss the procedure and your desired look. Fee will be applied toward the procedure.

Permanent Cosmetic Makeover and Evaluation Consultation

Your permanent makeup artist will design a brow or lip-line shape, select a color, and further evaluate your needs for the permanent procedure. May be performed the day of the procedure.

Permanent Cosmetics are available for the following areas and treatments: Lips, Eyes, Brows, Beauty Mark, Areola and Corrections.

Makeup Artistry

Whether you need help preparing for a special event or just every day tips, our experienced makeup artists can offer new strategies to enhance your make-up routine.

Cosmetic Consultation and Makeup Application

Your personal makeup artist will expertly apply and direct you to a perfect cosmetic application. Learn the tricks-of-the-trade and special contouring techniques.

Cosmetic Application

Your personal makeup artist will expertly apply makeup for any special occasion.

Post-Procedure Cosmetic Application

Conceal redness and bruising following a physician related procedure. Enjoy the benefit of healing mineral based cosmetics.

Brow and Lash Tinting

Simplify your routine with professional brow and lash tinting.



THE BODY

A unique body experience designed to meet your individual needs. Your spa therapy may incorporate eastern modalities as well as traditional massage techniques—all focusing on health and well-being. Ask about the availability of our couple's room for massage and body treatments.



We recommend booking a block of time (1-3 hrs) to optimize the benefits of a truly customized experience.

Massage Therapy

E M D N C

Your therapist will work with you to design the massage that best fits your needs drawing from Swedish, Deep Tissue, Sports, Lymphatic, Hot Stone, Pre- and Post-Natal or Eastern techniques. The focus is on whatever results you want to achieve.

Exfoliating Polish

E

Rejuvenate your skin by removing dead skin cells, allowing vibrant more even skin tones to appear. The skin is left glowing and hydrated after a finishing moisturizing treatment.

Warm Mineral Rich Mud Treatment

D

Restore balance and tone to the skin with this purifying therapeutic mud treatment.

Aromatherapy Treatment

D

Designed with your specific goals in mind—completely customized for your needs.

Hydrating Body Therapy

M

A soothing therapy, rich in moisture that will leave the skin feeling soft and supple.

Nutrient Rich Body Therapy

N

A highly-beneficial treatment that increases the longevity and health of the skin by restoring vital nutrients.

Clinical Treatments

Laser Photorejuvenation/Skin Renewal (pg.13), Laser Hair Removal (see pg.14), Laser Vein Treatment (pg.14), Laser Brown Spot Removal (pg.14), Advanced Cellulite and Toning Treatment (pg.14), Lymphatic Body Therapy (pg.14), Sclerotherapy Vein Injections (pg.14) and Waxing is available for most areas of the body (pg.15).

E = EXFOLIATING M = MOISTURIZING D = DETOXIFY/TONING N = NOURISHING C = CLINICAL

THE HANDS AND FEET

Keep hands and feet looking healthy all year long. We offer results-oriented skin and nailcare treatments designed for men and women who want to achieve optimum skin health.

Blue MedSpa Manicure/Pedicure

Our progressive manicure/pedicure begins with a thorough cleansing and exfoliation of the hands/feet & lower arms/legs with mineral rich extracts. Next, the appropriate vitamin mask and aromatherapy for your skin type is applied. Your experience ends with a relaxing and therapeutic hydrating massage and polish with the perfect color.

Blue MedSpa Manicure/Pedicure for Him

Incorporates the same custom therapy as the traditional manicure, ending with a natural buffing of the nails for a refined and masculine look.

Express Manicure

Express manicure coupled with a moisturizing hand massage. Gets you in and out and on your way, refreshed to meet the masses.

Add the following treatments to our **BLUE MEDSPA** Manicure or Pedicure for a more specialized therapy experience.

Aromatherapy

N

Enhance your experience with a relaxing or energizing aromatherapy treatment.

Rapid Results Peel Therapy

E

Remove unwanted age marks and blemishes with our advanced peel recovery system. May be added to any manicure.

Paraffin Drench Hydrating Hand and Foot Therapy

M

Bathe your skin in rich mineral based masks and fortifying warm paraffin, locking in vital nutrients and serums. May be added to any manicure.

Microdermabrasion Therapy

E

Superior exfoliation smoothes away sun damage and uneven skin texture.

Advanced Laser Photorejuvenation for the Hands

C

Remove unwanted blemishes, age spots, hair, or broken blood vessels with our advanced laser system.

BLUE MEDSPA Manicures and Pedicures can be scheduled in conjunction with your facial if you are pressed for time. Ask about availability.

THE HAIR

BLUE MEDSPA offers expert stylist services and hair therapy consultation. Our hair professionals examine and recommend a variety of corrective therapies for your hair and scalp, plus color, cut and styling options. Recommended for all first-time clients.

Specialized therapies for your consideration include:

Expert Stylist Services

- Cleansing Ritual and Cut for Male or Female
- Blow Dry and Style or Flat Iron
- Single Process Color
- Double Process Color
- Full Hi/Low Lights
- Partial Hi/Low Lights
- Baliage
- Bridal and Special Occasion Hair Styling

Moisturizing Hair Replenishment Therapy

M N

Moisture-binding therapy is applied to the hair shaft and scalp to encourage shine and luster, while repairing damaged, over-processed hair. Recommended post-color. Add to any Cleansing Ritual.

Cleansing Ritual and Mineral Scalp Therapy

D N

A rebalancing and healing treatment utilizing specialized massage techniques coupled with products chosen to maximize the results you desire. Highly recommended for individuals with hair loss or devitalized hair conditions.

Cleansing Ritual and Antioxidant Scalp Therapy

D

Promotes increased circulation and relaxation through scalp massage and aromatherapy applications.

Post-Operative Cleansing Ritual

C

A gentle washing of the hair with a soothing herbal solution and topical application, as suggested by your physician. Followed by a neck and shoulder massage to awaken mental clarity and healing. Specialized clinician required.



Packages

PACKAGES

Transform and restore your body and soul with an extended, blissful spa journey.

Half Day:

Choose two services that will best meet your needs.

Customized Massage or Body Treatment

BLUE MEDSPA Escape Facial Therapy

BLUE MEDSPA Manicure and Pedicure

Full Day:

Multiple services, customized just for you.

Customized Body Therapy

BLUE MEDSPA Escape Facial Therapy

Spa Lunch

BLUE MEDSPA Manicure and Pedicure

Makeup Application and Brow Wax

Beyond Balanced Day:

A uniquely customized experience created just for you or someone special.

How To Spa

Prepare yourself for your spa journey. The more relaxed you are, the more replenishing your experience will be.

Booking an Appointment

Book your service as far in advance as possible—one week for single services, two weeks for multiple and day services. Allow at least two weeks for large groups and corporate functions.

Treatment Time

Arrive at least 15 minutes prior to your appointment to take full advantage of your scheduled time.

Gratuities

BLUE MEDSPA has a no tipping policy.

Level of Comfort

This is your journey and the level of undress is completely up to you. You will always be covered except for the area being worked on at the time. Your comfort and privacy is of the utmost importance.

Cancellation Policy

We require a credit card for all appointments and 24-hour cancellation notice to avoid being charged a cancellation fee.

Attire

Wear whatever makes you comfortable. Leave jewelry at home, since many services require you to remove your jewelry.

Policy for Minors

Any guest under the age of 18 must be accompanied by an adult. Children under the age of 13 are not permitted in the spa.

Other Blue MedSpa policies to ensure that you have the best experience possible:

BLUE MEDSPA has a non-smoking policy.

Please turn off all cell phones and pagers prior to entering the Spa.

This is your personal, exceptional journey. Please communicate with your service provider or any member of our staff if you are uncomfortable or unsatisfied at any time.

Gift Cards

Give a gift of wellness and results with a **BLUE MEDSPA** Gift Card. Cards may be purchased for any service or group of services or any dollar amount. There are no hidden fees. Each Gift card is valid for the dollar amount of the purchase. Gift Cards can not be replaced if lost or stolen.

PRICE LIST

BLUE MEDSPA HAS A NO TIPPING POLICY.

BLUE MEDSPA Consultation (30 min)	\$50
The BLUE MEDSPA Escape Facial Therapy	\$175
Purifying Facial Therapy	\$125
Uplifting Facial Therapy	\$125
Replenishing Facial Therapy	\$90
Healthy Aging Facial Therapy	\$150

ADVANCED CARE THERAPIES

BLUE MEDSPA Signature Facial Toning Treatment	\$250
Custom Created Peel	\$70
Customized Peel & Replenishing Facial Therapy	\$150
Customized Expert Peel & Rejuvenating Facial Therapy	\$250
Microdermabrasion Facial	\$200
Microdermabrasion Facial & Customized Peel	\$290

CLINICAL TREATMENTS FOR THE FACE AND BODY

(Recommended in Programs)

Clinical or Pre- and Post- Procedure Consultation	\$100
Clinical Healing Facial Therapy	\$150
Clinical Advanced Peel Therapy	\$300
Botox	\$150+
Facial Wrinkle Fillers/Lip Augmentation	\$300+
Laser Photorejuvenation/Skin Renewal	\$250+
Laser Facial	\$200+
Laser Hair Removal	\$100+
Laser Vein Treatment	\$100+
Laser Rosacea Treatment	\$100+
Laser Brown Spot Removal	\$100+
Advanced Cellulite and Toning Treatment	\$125+
Lymphatic Body Therapy	\$135+
Sclerotherapy Vein Injections	\$150+

